



Consent Form for Evolution3 Teeth Whitening System

The Evolution3 whitening procedure is a state of the art treatment designed to whiten the teeth to their optimum natural brightness.

The amount of whitening varies from patient to patient and cannot be predicted exactly, Results can be further improved if used in conjunction with Enlighten teeth whitening trays. All dentist's instructions must be followed closely.

Alternatives to tooth whitening:

If you would like whiter teeth there are several other options available

- Scale & Polish or Air Abrasion – will only remove surface staining
- Veneers and Crowns – involve shaving of tooth enamel and replacing with porcelain, but can change the shape as well as the colour of the smile

- 1- Transient tooth sensitivity may develop during treatment and your dentist may give you desensitising swabs
- 2- Temporary inflammation or white spots on your gums may be caused by the whitening procedure. These can cause short lived discomfort which resolves within a few hours.
- 3- Occasionally patchy white areas occur which equalize within 2 – 3 days.
- 4- Porcelain restorations such as crowns or veneers as well as white fillings will not change colour and may need to be replaced after the whitening procedure.

Responsibilities

1. Whitening trays are precision moulded to your mouth; you must treat them with care. **Do not bend** the trays when not in use, store them passively in the tray case and only wash them with **cold water**.
2. Whitening trays must be worn **all night for 14 days**. (In some cases treatment may take longer – please consult your dentist).

Limitations

Teeth will only whiten sufficiently where there is good thickness of enamel. In cases of Tetracycline staining or Fluorosis mottling staining there will be limitations to the level of whitening – please consult your dentist.

The results can be maintained with 1 night's tray wear every 1 to 2 months.

Allergic Reactions

Allergic reactions are extremely rare. Extra Caution must be taken when using the Evo Seal desensitizing swabs by using only on the tooth areas. Contact with the gums or lips can cause redness and swelling of the lips in very few cases. In the event of an allergic reaction stop the treatment completely and wash mouth with cold water and consult your dentist.

Privacy Notice

Your dentist is the controller of any personal data included in your medical and dental records. Enlighten will receive your records which may be stored on our servers, however Enlighten will continue to protect your information in accordance with our privacy policy which can be found at:

www.enlightensmiles.com/privacy-statement1

I have had the Evolution3 tooth whitening procedure fully explained to me and have had the opportunity to ask questions.

I have read this information sheet.

I consent to treatment and assume responsibility for the risks described above.

I also consent to photographs being taken.

I understand that they may be used for documentation and illustration of my whitening treatment.

Signature:.....

Date:.....